

MASKS AND FACE COVERINGS

BEST PRACTICES FOR MASKS AND FACE COVERING USAGE

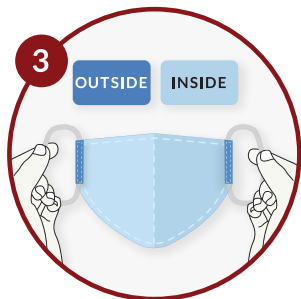
DONNING MASKS



1 WASH HANDS
Wash hands with soap and water for 20 seconds
OR use a >60% alcohol-based hand rub before donning (putting on) mask.



2 CHECK MASK
Check which side is the "inside" and "outside" of mask. If needed, use a marker to mark the "inside" and "outside" of mask.



3 PUT MASK ON
Carefully put mask on without touching face, nose, or mouth.



4 MASK PLACEMENT
Mask must cover mouth and nose!
Adjust the mask to fit.



5 DON'T TOUCH MASK
Avoid touching the mask when it's on!
If you do touch mask, repeat Step 1.

DOFFING MASKS



1 WASH HANDS
Wash hands with soap and water for 20 seconds
OR use a >60% alcohol-based hand rub before doffing (taking off) mask.



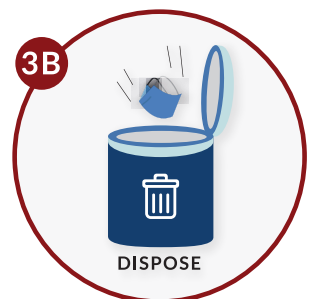
2 REMOVE CAREFULLY
Avoid touching the front or inside of the mask. Virus particles may be present on either side.



STORE AND WASH
Washable mask: Put mask into a disposable or cleanable bag or container. Launder in the washing machine. Store mask in container while not wearing. Wash mask daily.

OR

DISPOSE
Disposable mask: Throw away immediately into trash



4 WASH HANDS
Wash hands with soap and water for 20 seconds OR use a >60% alcohol-based hand rub after taking off mask. If you do touch mask, rewash your hands.